

Changes by Dennis Gaskill

Whatever it is you seek, know that it may not come wrapped as you expect. It may be that you need to go through some kind of changes to reach your goal.

This could be changes in attitude, changes of habit, changes in beliefs, or other mental, behavioral, or lifestyle traits; or it could even be a change of location, vocation, or any of a hundred other things.

This is where a lot of the How-to-Succeed books fall short. They address the mechanics of how to do something, but fail to address the fact that in order for you to reach your goal it may be necessary for you to go through one or more changes in your life.

A favorite old saying of mine goes, "If you do what you've always done, you'll get what you've always gotten."

When you want something new or something to be different in your life, it often necessitates a change or changes in you or around you before you can receive it. You must be open to rooting out self-limiting beliefs to win the prize. You must be willing to break free from your comfort zones. You must be willing to accept change, and, dare I say it . . . be willing grow your mind and develop your character to a higher level.

To have more than you've got, become more than you are.
- Jim Rohn

Some people strive for years jumping from idea to idea and never really accomplish anything they think they want. They often only want the results, but aren't willing to accept the changes necessary or to put forth the effort it takes to achieve the results.

When you give little, you get little in return.

Don't worry, you don't have to become perfect to have the things in life that you want, but you must be willing to make intentional progress as a human being. As you grow, your successes will grow with you.

I say you must make intentional progress as a human being because unintentional progress is just aging, and a lot of people die of old age without the satisfaction of achieving their fondest dreams.

Time and aging are the slowest of teachers, and they are Life's teachers of last resort. Unfortunately, they are the only teachers far too many know once they've ended their school years.

According to Eric Fromm, "Man's main task in life is to give birth to himself." We give birth to ourselves every single day, the thing that makes the difference is that some do it without thought, and some do it intentionally. Those who take responsibility for their personal evolution are not leaving their lives up to chance, and that gives you far better odds of becoming who you want and reaching your dreams.

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